

Sexual Health Inventory for Men

**Instructions:**

Each question has five possible responses. Circle the number that best describes your own situation. Select only one answer for each question.

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| --- | --- | --- | --- | --- | --- |
| How do you rate your confidence that you could keep an erection? | **1**  Very Low | **2** Low | **3** Moderate | **4** High | **5** Very high  |
|   |   |   |   |   |   |
| When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)? | **1**  Almost never or never | **2**  A few times (much less than half the time) | **3**  Sometimes (about half the time) | **4** Most times (more than half the time) | **5** Almost always or always |
|   |   |   |   |   |   |
| During sexual intercourse how often were you able to maintain your erection after you had penetrated (entered) your partner? | **1**  Almost never or never | **2**  A few times (much less than half the time) | **3**  Sometimes (about half the time) | **4** Most times (more than half the time) | **5** Almost always or always |
|   |   |   |   |   |   |
| During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? | **1**  Extremely Difficult | **2** Very Difficult | **3** Difficult | **4**  Slightly Difficult | **5** Not Difficult |
|   |   |   |   |   |   |
| When you attempted sexual intercourse, how often was it satisfactory for you? | **1**  Almost never or never | **2**  A few times (much less than half the time) | **3**  Sometimes (about half the time) | **4** Most times (more than half the time) | **5** Almost always or always |